



At-Home Instructions

Removal of Skin Lesions

The following instructions will help you know what to expect in the days following your surgery. Do not, however, hesitate to call our office at 216-292-6800 if you have any questions or concerns.

General Instructions

- You may resume your regular activity. Avoid vigorous activity until after you 1 week visit.

Diet

- Resume normal diet as tolerated.

Pain Control

- You may take Tylenol as directed, if you have discomfort.
- Avoid Aspirin and other anti-inflammatory medications until instructed.
- Do not take Vitamin E, herbals, homeopathic (green tea), or diet pills.

Wound Care

- Keep your bandage clean and dry for 24 hours.
- After 24 hours, the bandage may be removed.
- If you have Steri-strips over the surgical area, DO NOT remove them.
- Incisions without Steri-strips should have a thin application of antibiotic ointment applied twice a day until the next office visit.
- If wound has surgical glue DO NOT apply ointment.

Follow-up with your scheduled appointment 1 week after your procedure.

Call the office at the first sign of:

- Excessive pain associated with pressure.
- Bleeding at the incision.
- Redness, drainage or odor from the incisions.
- Fever or chills.

Do not hesitate to call if you have questions or concerns!

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216-292-6800

Please call with any questions.